1873 Logan Road Upper Mt Gravatt, QLD 4122 **Phone:** 3349 2367

3349 2787

Email: secretary@mtgravattbowls.com Facebook: Mount Gravatt Bowls Club

Website: mtgravattbowls.com



MT GRAVATT NEWS

THE OFFICIAL NEWSLETTER OF THE MT GRAVATT BOWLS CLUB.inc DECEMBER-FEBRUARY 2025 NEWSLETTER

CHAIRMAN'S REPORT

Click here for a printable version!

BOWLS CALENDAR

Dear Members.

Thank you to our sponsors for their ongoing support. Without our sponsors we would struggle to run.

Currently a draft of the updated constitution is before the Board and I am hoping it will be out for comment after the December Board meeting. In January I will be calling for a small committee to look at the by-laws and get that in line with the Constitution. I have had one nomination already for this committee so if you are interested please contact me.

As we rush to the Christmas break, I want to acknowledge the thousands of volunteer hours that it takes to make our club run smoothly. A big thank you to those who quietly step up and do the tasks they see need to be done, and a big thank you to those who respond to my many requests. Keep up the good work!

Thank you to Julie and her team, who staff the club organising our functions, running the bistro, catering for functions and play days.

Barefoot Bowls: We are in our Christmas rush but still have availability on week days and week day evenings and of course Sundays we have a special running if you are looking for an activity.

We are working on some promotions for January and February so keep an eye on our Social Pages and your inbox.

On the Greens: Congratulations to our pennant teams Men's Division 3 team for winning the final, Ladies Division 5 & Men's Division 5, 6 and 8 for making the finals.

Cheryl Lindfield was successful at the Para Nationals held on the Gold Coast in October, bringing home a silver in the Singles, a bronze in Pairs, and a gold for the best overall team.

The Christmas Triples kick will be played on the first Sunday in December.

In the Club house: Look out for our Christmas raffle with a huge esky full of great prizes on the line.

Please come and enjoy the bistro, the craft beers and the friendly laid back environment. Stay tuned for information on upcoming events. We really look forward to seeing you around the club in January and February when our end-of-year festivities subside.

The bollards for Carson Lane are still a work-in-progress, with a bit of back and forth between the government departments involved.

Lastly I take this opportunity to wish you all a Merry Christmas and hope you all have a restorative break with family and friends.



Regards,

Ros 7aber

Chairman

MENS PRESIDENT'S REPORT

A number of the Men's Section Council positions have changed following this year's AGM. The make-up of the Council is as follows:

- President Bob Chattin
- Vice President David Chattin
- Secretary Allan Gaskon
- Games Director Glenn Andrews
- Assistant Games Director Gary Horwood
- Chairman of Selectors Graham Chattin
- GDBA Delegate Bob Chattin
- Member Liaison Officer Greg Walls
- Bowls Development Officer Neil Smith

Pennants for 2024 has been done and dusted with our Club making the Finals series in all four Divisions entered. The were Divisions 3, 5, 6 and 8.

- Division 3 were unbeaten throughout the 10 rounds of competition and deservedly went on with it to win the Final over Capalaba 68 to 57 shots. Congratulations to all the players on a great season.
- Division 5 finished on top of the ladder but went down to Manly 57 to 56 shots in the Final. Just to show how close these teams were can be seen when in Round 2 Mt Gravatt defeated Manly, at Manly, 52 to 51 shots. Round 7 at home saw a 54 shot draw between both teams. What a season and commiserations to the players in Division 5. Great effort all round.
- Division 6 finished second on the ladder but went down to Victoria Point 61 to 56 shots in the knockout Semi-Final. We had our chances throughout the season but just couldn't quite get there.
- Division 8 What can we say about this team! Mt Gravatt and Coorparoo both finished the season in equal third
 position but Mt Gravatt made it to the Final series on percentages. To get there, the team won all of their last 5 games
 after only recording 1 win in the first half on the season. They then beat Manly at Manly 60 to 48 shots to go up
 against Victoria Point in the Final at Victoria Point. What a game the Final was with Victoria Point winning the match
 57 to 54 shots. Congratulations to all of the players for a very good effort.

I would like to thank the Chairman of Selectors, and his team, for putting in the effort because without them we would not have been able to achieve the above results. To have three Divisions out of four playing in the Grand Finals is a fabulous result. Well done to all.

The 2024 Men's Club Championships have been played and congratulations to the following winners:

- A Singles Glenn Andrews
- A Pairs Adrian Andrews and Glenn Andrews
- Fours Brad Moss, Jeff McLennan, Adrian Andrews and Glenn Andrews
- B Singles Rainer Mulhaus
- B Pairs Grant Boiko and Glenn Andrews
- Triples Jim Brown, Gerry Sutherland and Gary Horwood.
- Novice Singles John-Ross Morris
- Vet Singles Jeffrey Young

Well done to both Dean Gaddes and Glenn Andrews for ensuring the Club Championships ran smoothly.

I would also like to thank former President, Shayne Parry, for a smooth transition.

It is getting closer to Xmas every day and the Men's Saturday social bowls has just started playing in the morning once again to allow the Club to maximise BFB during November and December and it is pleasing to see good turnouts on the day.

Remember to put your name down if you can help Julie and her team with BFB over this period.

Stay safe and have a Merry Christmas and New Year.



Bob ChattinPresident, Men's Section

LADIES PRESIDENT'S REPORT

It is with sadness that I have to report the death of the Ladies' Patroness, Margaret Gallagher. Margaret was also a Life Member of the club. Margaret was a member for 45 years and held many Committee positions during that time. She also won many Club Championships and many District Pennants. Her major achievement was a bronze medal at the World Masters Games in 1994. She partnered Trevor Thatcher, also a Life Member, in the mixed pairs.

As the year draws to a close we have been very busy. On Friday 15th November we held our Annual Six-a-Side competition. The day was very successful and, after a morning of Pairs and Fours and an afternoon of Triples, the overall winners were Salisbury. Our Pairs team of Margaret Wells and Ann D'Ambrosio did win the prize for the Highest Winning Score in the morning Pairs. The success of the day must be attributed to the hard work of our ladies in the organisation of the day. Thank you to everyone who contributed.

Club competition is winding down with the Consistency Singles being won by Denise McPhee, and Pat Henry, the runner-up. The Club Selected Fours will be completed by the time this goes to print. Congratulations to Games Director, Ros Taber, for getting through all the events, and also to all the ladies who entered the events. Our Division 5 Pennant team were runners-up in the GDLBA competition.

I wish to thank all Committee members for their dedication to the club. Without your unselfish help, we would not function. Thank you to the Board for your efforts in 2024. A special thank you to Julie and her staff, especially those who help on Tuesdays and our special days. Thank you to the men who have helped our ladies with coaching and umpiring. Thank you to Dad's Army for keeping our greens running so well and especially to Eddie who has everything ready to go on Tuesday mornings.

As the year comes to an end, I take this opportunity to wish all our members a very Happy Christmas and a wonderful New Year and I look forward to an interesting and challenging year as we work towards amalgamation.

"May you never be too grown up to search the skies on Christmas Eve".



Regards

Bev Geldart

President, Ladies Section

MEMBERSHIP DIRECTOR'S REPORT

Hello all,

Bowling members who are celebrating Birthdays in the following months:

December 2024 (17 Members)

Jon Nussey, Anila George, Rod Dunnett, Albert Chan, Dianne Girvan, David Cunningham, Renuka Mahadevan, Carmel Feeney, Neville McDonnell, Nina Kung, Eric Reardon, Dave Edds, Beverley Geldart, Brian Prescott, Brian Andrews, Lynne Rossow, John Gamlin.



January 2025 (21 Members)

Jan Moore, Trevor Lewis, Reg Walls, Joan Jackson, Trish Henry, Warwick Gordon, Bronwyne Stiegler, Alan Palmer, Neil Smith, John Mavrick, Marlene Stemm, Andre Van Deventer, Gail Oliver, Marg Valentine, Ang Cammarata, Marjorie Clauson, David Collins, Rob Poulter, Andrew Carins, Cheryl Lindfield, Ian Rossow.

February 2025 (19 Members)

Donna Perkins, Maureen Stevens, Carli Beitzel, Brad Moss, Stu Newton, Roger Piasecki, Val Chappel, Brenda Wilson, Matti Laitala, Bruce Tranter, Leon Lam, Greg Walls, Branko Petrovic, Vince Lynn, Henry Gauci, Glen Marchant, Steve Honan, Suzanne Svensson, Denise McPhee.

Many happy returns to the above members!

New bowling members from 23/05/2024 to 16/11/2024:

Female: Anila George, Lan Johnson, Lynne Rossow **Male:** Nick Caldwell, Daryl Kanofski, John Murphy,

Ian Rossow, Bruce Tranter

Welcome to those new members!

Resignations from 23/05/2024 to 16/11/2024:

Terence Cronk, Laraine Dyer, John Fealy, Barry Hyde, Brian Knofflock, Grant Upton, Laurelle McDonnell, Rory McColl, Ken Glasgow, Pamela Goscomb, Nancy Sherlock, Allan Potter, Peter Young.

Deceased from 23/05/2024 to 16/11/2024:

Gary Klease on the 06/06/2024 Allan Pearce on the 24/09/2024 Frederick Preston on the 14/10/2024 Ross Abberfield on the 18/10/2024 Margaret Gallagher on the 03/11/2024.

Membership totals at 16/11/2024:

Bowling Members: 65 female and 131 male (total 196) **Social Members:** 914 female and 1325 male (total 2239)

Total Membership: 2435

Until the next newsletter, happy bowling!

David Chattin

Membership Director

CLUB MANAGER'S REPORT

Merry Christmas everyone! Things are heating up here at the Mt Gravatt Bowls Club. Christmas parties are all booked in and we have our skates on.

If you have missed booking the function room or playing barefoot bowls with your team this year, we can book you in now for your 2025 Christmas parties.

Trading hours over Christmas and New Year will be as follows:

Monday 23rd December: 10:00am - 3:00pm

Tuesday 24th December: Closed Wednesday 25th December: Closed Thursday 26th December: Closed

Friday 27th December: 10:00am – 5:00pm - Lunch service only.

Saturday 28th December: 10:00am – 5:00pm - Lunch service only

Sunday 29th December: 9:00am – 4:00pm - (breakfast bowls comp)

Monday 30th December: Closed Tuesday 31st December: Closed

Wednesday 1st January: 10:00am – 5:00pm - (open bowls comp)

Thursday 2nd January: 10:00am – 5:00pm Friday 3rd January: Return to Normal Trade

Reminder that our Daytime trivia will be on Friday 6th of December at 12pm. Hosted by **Think Trivia**. They will return on February 7th, 2025.

Trivia Mill hosts Thursday night Trivia. Starts at 6:30pm. Final one for 2024 will be Thursday 19th of December and will return on the 16th January, 2025.

If you are interested in holding a function or workshop next year, call or pop in to chat about what you are looking for and if we can help you with your event.

However you spend this time of year, I hope you are safe and happy and look after those around you.



Cheers

Julie Simkin

Club Manager

GRANTS OFFICER REPORT

Covered Green Roofing

Brisbane City Council Lord Mayor's Better Suburbs Grant

The Lord Mayor's Better Suburbs Grant opened on 28 August 2024. We have two quotes for similar amounts of \$71,170 and \$76,100 both including GST. Funds required to replace the existing stained and brittle roofing material with Wonderglass Ampelite roofing material.

I am requesting \$63.000 plus GST by way of a grant. Grant application lodged Tuesday 1 October 2024. Decision expected late November-Early December 2024.

Lord Mayor's Community Fund Grant

We were fortunate to receive a grant of \$1,000 plus GST to cover the catering in relation to the Ladies 6-A-Side Competition held on Friday 15 November 2024. Unfortunately Cr Huang was unable to attend however as well as the funds also provided two raffle prizes for the day.

Lord Mayor's Seniors Celebration Donation 2024

We have been awarded \$225.00 towards our function this year. Our thanks to the Lord Mayor for these grant funds once again.

Friday Night Raffles

Expect the period from now until Christmas to pick up in raffle sales due to increased numbers attending the Club. We will have a mix of meat and hams as well as Gift Vouchers from Friday 29 November until and including 20 December.

100 Club

Sales of numbers have been going to plan with a manageable number to sell on Friday nights. All numbers continue to be sold.



Regards

Reg Walls

Grants Officer

BUSINESS MANAGER'S REPORT

Sponsorship

Program is running well to end of 2024. I have commenced 2025 Bowls Calendar by putting the framework in place and approaching the sections for dates. I have contacted many of our existing sponsors in relation to their sponsorship support for 2025. This process will continue through December until complete. Should be in a position to issue a first run Calendar early January 2025.

I take this opportunity to thank all sponsors for their support during 2024 and looking forward to continuing the connection into 2025.

Screen Advertising Signage

The initial take up of this was quite brisk. You will see the sponsor ads on the screen over the bar closest to the entry.

ACP Community - Advance Care Planning

We were invited by Metro South Health to attend what is a very important topic, Advance Care Planning. This includes Advance Health Directives, Enduring Power of Attorney and Statement of Choices. The session will be run at the Club and we have decided a Friday is probably best suited to most people.

It has been agreed with Metro South Health that we run the information session on Friday 10 January 2025, commencing at 8.30 am in the Mimosa Room. There is still space for anyone who is interested and hadn't previously registered. Please contact me if you wish to attend.



Regards

Reg Walls

Business Manager

SPECIAL EVENTS SUB COMMITTEE

Brothers Social Club Ipswich

This group attended on Sunday 27 October as arranged. All who attended seemed to enjoy themselves once again. From a slow start we ended up with a larger representation than they, due partly to illness of some of their members. A total of 66 players attended plus two non players. A great day and something a little different to what we do on a weekly basis Thank you to the Mt Gravatt players who attended. I am sure all enjoyed the day. We have been informally invited to a return visit next year at the base Club, Ipswich. Nothing formal yet.

Melbourne Cup Sweeps

The new system of issuing tickets worked quite well with much less work involved with payouts. There were a couple of minor matters which have been taken onboard to improve on in future years, however overall a much better and cleaner system.

Our thanks to Henry for the sales and Jayne for setting up the sweeps sheets and payouts.

A big thank you to Julie for a well organised and enjoyable Melbourne Cup day. A great meal and atmosphere.

I would like to take this opportunity to wish all our Sponsors, Community Partners, Members and Staff a very Merry Christmas and Happy New Year for 2025.



Regards

Reg Walls

Chairman, Special Events Sub Committee

FINANCE WITH PETER DONOVAN CHANGES ON THE WAY FOR RESIDENTIAL AGED CARE AND HOME CARE PACKAGES

2025 will bring sweeping changes to the funding mechanisms for Home Care and Residential Aged Care Fees with the introduction of the new Aged Care Act.

Space does not allow me to go to all the changes in depth so I will summarise and if you need to know more then contact me and we can discuss.

Who is affected? Most of the changes to fees are proposed to come into effect from 1 July 2025 and will only apply to clients entering residential care from that date. For Support at Home, people accessing a home care package as of 12 September 2024 will stay under the existing fee rules.

Residential Care — Accommodation More than 50% of providers are reportedly losing money on accommodation which is limiting investment into new builds. Five changes proposed:

- 1. Increase the approval cap to \$750,000 (from 1 Jan 2025).
- 2. Apply a retention (non-refundable) amount to RADs/RACs up to 10% over the first five years.
- 3. Index the DAP in line with CPI.
- 4. Consider eliminating new RADs from 2035.
- 5. Increase room subsidies for low-means residents.

Residential Care - Daily Fees

- 1. **Everyday living expenses** residents with assets over \$238,000 or income over \$95,400 (or combination) could pay up to \$12.55 per day more.
- 2. Clinical care this will be fully funded by government.
- 3. Non-clinical care a new means-testing system will apply for assets over \$502,981 or income over \$131,279 (or combination) which may calculate a client contribution up to \$101.16 per day.

Lifetime cap - the non-clinical care contribution will only apply for the first four years or to a dollar limit of \$130,000 (indexed)

Home Care Fees - The new Support at Home program will start from 1 July 2025. The services will be divided into clinical care, independence support and everyday living costs.

- 1. Care will be approved under 10 package levels. The highest level will have a higher budget than the current Level 4 package.
- 2. Clinical care will be fully paid by government.
- 3. Full pensioners will pay 5% of independence support costs and 17.5% of everyday living costs.
- 4. Self-funded retirees will pay 50% of independence support costs and 80% of everyday living costs.
- 5. Part-pensioners will pay between these levels with means-testing (assets & income) that aligns with age pension means-testing rules.
- 6. The lifetime cap (across both home care and residential care) will increase to \$130,000.
- 7. Clients who start a Home Care Package after 30 June 2025 will only be able to accumulate unspent funds of up to \$1,000 or 10% of package budget (higher of) across quarters.

That's a wrap for 2024 so Merry Christmas and a happy new year to all my readers and club members. See you in 2025.

As always if you would like to discuss the contents of this newsletter or any other matters email me on peter@phase3rs.com.au or call me on 0414 347 287.

Peter Donovan

Certified Financial Planner® & Accredited Aged Care Professional™









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SPONSOR'S SPECIALS

CR KRISTA ADAMS

Councillor for Holland Park Ward Deputy Mayor Brisbane City Council Shop 13, 1290 Logan Road Mt Gravatt 4122

Telephone 07 3403 7791

Visit hollandpark.ward@bcc.qld.gov.au

See separate advertisement below.

BRISBANE MARKETS LIMITED

PO Box 80 Brisbane Markets 4106 Telephone 07 3915 4200 Visit brisbanemarkets.com.au

See separate advertisement below.

CORRINE MCMILLAN MP

Member for Mansfield 12 Mount Gravatt-Capalaba Road Upper Mt Gravatt 4122 Telephone 07 3414 3100 Visit corrinemcmillan.com.au

See separate advertisement below.

ELLIOTT & HARVEY LAWYERS

Suite 4, 1953 Logan Road Upper Mt Gravatt 4122 Telephone 07 3343 2666 Visit ehlaw.com.au

Elliott & Harvey Lawyers are offering ten (10) free Wills for the first 10 members during the currency of this newsletter. In addition a discounted Enduring Power of Attorney for \$275.00. Please ensure you mention you are a member.

HEATHER SENIOR CARE

Telephone 07 3720 9122 Visit heather.com.au

See separate advertisement below.

LIFE LAW SOLUTIONS

Solicitors Shop 7, Civic Fair, Newnham Road Wishart 4122 **Telephone** 07 3343 9522

See separate advertisement below.

MYCARE PHYSIOTHERAPY

Shop C5 The Village Upper Mt Gravatt 1932 Logan Road Upper Mt Gravatt 4122 Telephone 07 3349 3000 Visit mycarephysio.com.au

MyCare are happy to offer Club members the following: 10% off all services for Mt Gravatt Bowls Club members. Exclusion applies on services already on special rates and not in conjunction with other offers/ discounts/use of reward cards/coupon.

MOORE AUSTRALIA

Level 12, 10 Eagle Street Brisbane 4000 Telephone 07 3340 3800 Visit moore-australia.com.au

See separate advertisement below.

PHASE 3 RETIREMENT SOLUTIONS

Peter Donovan, Certified Financial Planner & Accredited Aged Care Professional Suite 2B, Ground Floor 1990 Logan Road Upper Mt Gravatt 4122

Email peter@phase3rs.com.au Mobile 0414 347 287

See separate advertisement below.

RENAISSANCE RETIREMENT LIVING

36 Bunker Road Victoria Point 4165 **Telephone** 07 3820 7700 **Visit** rrl.net.au

Renaissance would like to wish everyone a very Merry Christmas and Happy New Year!

We will be OPEN for village tours and villa inspections over the festive period and only closed for the public holidays. Villas will be available early 2025. Register your interest by calling our Sales Team on 07 3820 7700.

RENEW DENTAL LOUNGE

Suite 310, Level 3, 1808 Logan Road, Upper Mt Gravatt 4122 **Telephone** 07 2141 7835

Email admin@renewdentallounge.com.au

See separate advertisement below.

RESIDE COMMUNITIES

Level 13, 145 Eagle Street Brisbane 4000 GPO Box 470 Brisbane 4001

Visit residecommunities.com.au

See separate advertisement for Brookland Robertson below.

STELLARIO REALTY GROUP

Sales 0418 271 827 Asset Management 0424 310 090 See separate advertisement below.

THE OPTICAL CO MOUNT GRAVATT

Level 2, SCURRS Health & Wellness Centre 1437 Logan Road Mt Gravatt 4122 Telephone 07 3849 5577

See separate advertisement below.

In addition to the separate advertisement, The Optical Co Mount Gravatt will donate \$15.00 for each patient who purchases glasses and mentions Mt Gravatt Bowls Club to a maximum of \$150.00 each month. This offer will run until 31 January 2025 at which time it will be reviewed. The funds will be paid to the Club at the end of each month.

TRICARE MT GRAVATT RETIREMENT COMMUNITY

1748 Logan Road Mt Gravatt 4122 Telephone 07 3849 4358 Visit tricare.com.au

See separate advertisement below.

ROSS VASTA MP

Federal Member for Bonner 69 Clara Street Wynnum 4178 **Telephone** 07 3893 3488

See separate advertisement below.

SPONSOR LISTING

ACCOUNTANTS & TAX AGENTS

Moore Australia

P:07 3340 3800

moore-australia.com.au

Level 12, 10 Eagle Street

Brisbane 4000

DENTISTS

Renew Dental Lounge

Sharon or Paul M: 07 2141 7835

ELECTRICAL CONTRACTORS/ RETAILERS

Gimpel Electrics

Shaun Murray P:07 2141 7835

ELECTRONIC DOG TRAINING PRODUCTS

Bark Control Australia

M: 1300 668931 barkcontrol.com.au

FINANCIAL PLANNING AND **AGED CARE SERVICES**

Peter Donovan.

Phase 3 Retirement Solutions

Certified Financial Planner and Accredited Aged Care Professional

Peter Donovan M: 0414 347 287 www.phase3rs.com.au

FUNERAL SERVICES

Alex Gow Funerals

Lee Wharton P:07 3800 7500

Anton Brown Funerals P/L

Anton Brown P:0732173088

Bare

Kacy Ratta

1800 071 176t

bare.com.au/prepaid-mt-gravatt

K M Smith Funeral Directors

www.kmsmith.com.au P:07 3252 2031

HAIRDRESSERS

Epic Hair Designs

Brendon Mann P:0421703983

HEARING CENTRES

Audika

Amy Dunstan P:0734220377

Hearing Aid Specialists Sth East Qld

Jason Dicieri P:07 3423 2325 www.hasseq.com.au **INSURANCE**

APIA

Donna Weaver

weavers21@hotmail.com

KEY CUTTING, LEATHER GOODS & SHOE REPAIRS

Mt Gravatt Plaza Shoe Repairs

Matthew Park P: 07 3849 2800

LICENSED CLUBS

Club Southside

Kim McGregor P:07 3219 1103

MEDICAL SPECIALISTS

Backspace Clinics

Dr Paul Licina M: 1300 52 53 54 spineplus.com.au

MEMBER SPONSORS

David Cunningham and Cenzo's Cafe

Member David Cunningham

Cenzo's Cafe 131 Lumlev Street Upper Mt Gravatt 4122 M: 0457 348 824

Gauci Family Trust

Member Henry Gauci

MOTOR VEHICLES - NEW & USED CARS

Southside Toyota

James Derbyshire P: 07 3008 6444

OPTOMETRISTS

The Optical Co Mt Gravatt

P: 07 3849 5577

Level 2, SCURRS Health and Wellness

Centre, 1437 Logan Road

Mt Gravatt 4122

PHYSIOTHERAPY SERVICES

MyCare Physiotherapy

Terry Kung P:07 3349 3000

PLUMBING

C.B.W. Plumbing Mark Ashcroft

P:0410574235

PRESSURE CLEANING

Mount Gravatt Pressure Cleaning

David Goulter M: 0409 483 645

PRODUCE MARKETS

Brisbane Markets Limited

Luke Leeson

Corporate Services Manager

P:0739154200

REAL ESTATE AGENCIES

Stellario Realty Group

Lucky Ramya Tennekoon M:0418271827

E: lucky@stellario.com.au

REHABILITATION & MOBILITY

The Country Care Group Pty Ltd

M: 1300 743 710

countrycaregroup.com.au

Shop 2, 567 Kessels Road Macgregor 4109

RETIREMENT VILLAGES

AVEO

Rochelle Krason P: 0476 615 848

Renaissance Retirement Village

Lyndsay Mackinder P:0738207700

Reside Communities

Suella Seminara M: 0491 252 766

GPO Box 470 Brisbane 4001

Tricare Mt Gravatt Retirement

Community Louise Mathers

Village Manager P: 07 3849 4358

SOLICITORS

Elliott & Harvey

Dominique Harvey P: 07 3343 2666

Life Law Solutions

Elizabeth Fairon P: 07 3343 9522

SPECIALISED CARE SERVICES

Heather Senior Care

P:0737209122 heather.com.au

LOCAL, STATE AND FEDERAL **POLITICAL REPRESENTATIVES**

Corrine McMillan MP

Member for Mansfield P:0734143100

Cr Krista Adams

Councillor for Holland Park Ward and

Deputy Lord Mayor P:0734037791

Cr Steven Huang

Councillor for Macgregor Ward

P:0734078500

Mr Ross Vasta MP

Federal Member for Bonner

P:0738933488

Mr Graham Perrett MP

Federal Member for Moreton

P:0733442622

BOWLS CALENDAR 2024

DECEMBER

| | | Time | Event | Sponsor |
|-----------|----|---------------|--|--|
| Sunday | 1 | 9.00 am | Open Christmas Triples | Club Southside |
| Monday | 2 | 10.00 am | Barefoot Bowls | |
| Tuesday | 3 | 9.00 am | Ladies Open Bowls | Renaissance Retirement Living |
| Wednesday | 4 | 9.00 am | Open Pairs | |
| Wednesday | 4 | 12.30 pm | Open Pairs | Reside Communities |
| Wednesday | 4 | 6.30 pm | Open Bowls | |
| Thursday | 5 | 12.00 pm | Open Triples | Stellario Realty Group |
| Friday | 6 | | Trivia | |
| Friday | 6 | | Raffles and 100 Club from 6.00 pm, drawn at 7.00 pm | |
| Saturday | 7 | 9.00 am | Open Social Bowls | |
| Sunday | 8 | 10.00 am | Barefoot Bowls | |
| Monday | 9 | 10.00 am | Barefoot Bowls | |
| Tuesday | 10 | 9.00 am | Ladies Christmas Function | |
| Wednesday | 11 | 8.30 am | Open Pairs | |
| Wednesday | 11 | 12.30 pm | Open Pairs | |
| Wednesday | 11 | 6.30 pm | Open Bowls | |
| Thursday | 12 | 12.00 pm | Open Triples | David Cunningham & Cenzo's Cafe |
| Friday | 13 | | Raffles and 100 Club from 6.00 pm, drawn at 7.00 pm. | |
| Saturday | 14 | 9.00 am | Open Social Bowls | |
| Sunday | 15 | 10.00 am | Barefoot Bowls | |
| Monday | 16 | 10.00 am | Barefoot Bowls | |
| Tuesday | 17 | 10.00 am | Barefoot Bowls | |
| Wednesday | 18 | 8.30 am | Open Pairs | |
| Wednesday | 18 | 12.30 pm | Open Pairs | Peter Donovan Phase 3 Retirement Solutions |
| Wednesday | 18 | 6.30 pm | Open Bowls | |
| Thursday | 19 | 12.00 pm | Open Triples | |
| Friday | 20 | | Raffles and 100 Club from 6.00 pm, drawn at 7.00 pm | |
| Saturday | 21 | 9.00 am | Open Social Bowls | |
| Sunday | 22 | 10.00 am | Barefoot Bowls | |
| Monday | 23 | 10.00 am | Barefoot Bowls | |
| Tuesday | 24 | 10.00 am | Barefoot Bowls—Christmas Eve | |
| Wednesday | 25 | Christmas Day | Club Closed | |
| Thursday | 26 | Boxing Day | Club Closed | |
| Friday | 27 | | Raffles and 100 Club from 6.00 pm, drawn at 7.00 pm | |
| Saturday | 28 | 9.00 am | Open Social Bowls | |
| Sunday | 29 | 10.00 am | Barefoot Bowls | |
| Monday | 30 | 10.00 am | Barefoot Bowls | |
| Tuesday | 31 | 10.00 am | Barefoot Bowls—New Years Eve | |

Phone: 07 3349 2367 Website: mtgravattbowls.com



Eat fresh for less!



"The Saturday Fresh Market venue is lovely and much easier to move around. It is more orderly and is protected from the elements.

"I love very fresh fruit and vegetables. The prices are better than at the shops and you can tell it's all so fresh."

Rhonda from Oxley

"Fresh fruit and vegetables are much cheaper at the Saturday Fresh Market and you can always get what you want.

"It's easier to prevent food waste, because
I can buy exactly what I need and the
freshness means shopping once a week
is enough to keep me stocked with fresh
fruit and vegetables."

Judy from Chapel Hill





"The fruit and vegetables are much cheaper, plus we really like getting away from the major supermarkets and supporting local small businesses.

"The wide aisles make it really easy to walk around and we love that it is undercover: in the pouring rain or when its sunny you are protected."

Heather from Upper Mount Gravatt

EVERY SATURDAY | 385 SHERWOOD ROAD, ROCKLEA | 6AM TO 12 NOON



Mt Gravatt Nurse Led Clinic - NOW OPEN

Did you know the new Nurse-Led Walk-in Clinic is now open in Mount Gravatt?

Located at 1437 Logan Road Mt Gravatt and open daily, from 8am - 10pm, the clinic is making FREE healthcare even more accessible to our community.

They can treat you if you're unwell, need health advice or have a minor injury and see adults and children over 2.

You don't need a Medicare card or an appointment.

50cent Fares

Getting around South East Queensland has never been easier or more affordable thanks to the former Labor Government.

With 50c fares on public transport, you can explore everything our region has to offer without breaking the bank.

Let's make the most of this fantastic opportunity to connect, commute, and enjoy our beautiful surroundings.

Jump on board and see where 50c can take you!

Maintain your independence!





Senior Care

Your independence is important to us.

We work together with you to ensure you live your life your way.

- Personal Care
- Domestic Cleaning and laundry
- Community Access ie Shopping/ Medical Appts/Social outings
 - Gardening/lawn maintenance
- Connecting with Allied Health Practitioners (ie. Physio, Podiatry, OT)
 - Respite



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A note from Krista

With this current run of recent wet weather, It's a timely reminder to sign up for Brisbane City Council's Severe Weather Alerts. Sign up on the Council website www.brisbane.qld.gov.au

Brisbane City Council's Christmas
Program will soon be getting underway
from the lighting of the Christmas
Tree, City Hall Lights, Southbank
events, Enchanted Garden and more.
The full program is available on the
Council website.



Lord Mayor Adrian Schrinner & Cr Krista Adams

\$2 Summer Dips are back!

Following the popularity last year its back for another year. Swim more for less this summer with \$2 pool entry (from Dec 1) to Brisbane Public Pools. \$2 deal ends 28 Feb 2025.

Sign Up: Did you know that I have a quarterly Over 60's Newsletter, that can be emailed or mailed directly to you. To sign up contact my Ward Office on hollandpark.ward@bcc.qld.gov.au



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Centrelink Age Pension Health Check

Are you getting your maximum age pension from Centrelink/DVA?

Peter Donovan-Certified Financial Planner-is offering a free one hour health check to the first 5 Bowls Club members who register. This will entail assessing what age pension you are currently getting and whether you are missing out on anything.

Call or email me now to be one of the first 5 to take up this offer: peter@phase3rs.com.au or call me on 0414 347 287.



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The winner will be drawn on 19 December, and notified on 20 December.

From our family to yours, we wish you a wonderful Christmas with your loved ones. We hope you had a great 2024, and that 2025 is even better. Personally, we've had a fantastic year in and around the Mount Gravatt areas as a

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